



What should I do if....

I don't want to be contacted about the study?

Please phone the BiBBS project office or let a member of staff at the maternity reception desk know when you attend for your Glucose Tolerance Test.

I have questions or problems?

You can ask questions about the research when you meet a BiBBS researcher if you attend your Glucose Tolerance Test. You can also phone the BiBBS project office and speak to someone from the team. If you have any questions about your general health or pregnancy, you should contact your GP or your midwife or health visitor.

I want to withdraw from the study?

Please contact us. The BiBBS project contact details are as follows:

Phone: 01274 383941
Website: www.bibbs.co.uk

Address:
BiBBS Project Office,
Temple Bank House,
Bradford Royal Infirmary,
Duckworth Lane,
Bradford BD9 6RJ

What will happen to the samples you collect?

Your blood, urine and hair samples will be stored and kept for use by researchers. We will not feedback the results of analysis of samples to you individually.

How will you keep information confidential?

When you take part you will be given a study number and only authorised members of the BiBBS project team will be able to identify you from your study number. All the information we collect about you, and the samples we take from you, will be stored securely and in strict confidence using this study number.

However, if we have concerns that you, or someone else, is at risk of harm then we may

tell the relevant services, for example your GP, hospital or social services.

Information and samples will be stored for use by researchers in the UK and both inside and outside the European Economic Area. Some of these countries do not have the same data protection laws as in the UK, however, the information they receive will only be labelled with a study number, so it cannot be linked to you.

Will I get to know the findings of the project?

The findings will be published in scientific journals. We will also make sure they are reported in newspapers and on the radio. We will also hold public meetings and send findings to community groups and Children's Centres in Bradford. None of these will identify individual people.



IT'S REALLY GOOD, IT'S SOMETHING SPECIAL AND DIFFERENT THAT'S NEVER HAPPENED TO ME BEFORE IN MY LIFE, IT'S SPECIAL TO BE PART OF THE RESEARCH.

SONIA – a BiB mum

We would like to invite you to take part in the BiBBS research study. This leaflet explains why the study is being done and what taking part would involve for you.

Please read this information carefully and ask us if you have any questions.



INFORMATION SHEET

For pregnant women living in Bowling and Barkerend, Bradford Moor & Little Horton

Born in Bradford's Better Start project

A WHAT IS BiBBS? BORN IN BRADFORD'S BETTER START PROJECT

BiBBS is inviting all pregnant women and their families who live in Bowling and Barkerend, Bradford Moor and Little Horton to take part in our study. Better Start Bradford is offering exciting new projects for families in these areas. BiBBS will look at how these projects help to improve children's health and development.

BiBBS will collect information about your pregnancy and your children as they grow up. This will help us understand how to give children the best start in life.

BiBBS is run by the Born in Bradford study. The study has successfully followed up 13,500 children and their families since 2007.

How can I take part?

Someone from the BiBBS research team will explain the study to you when you go to your Glucose Tolerance Test, at 26-28 weeks of your pregnancy. If you do not attend a Glucose Tolerance Test we will contact you to arrange to meet you at another of your appointments.

If you don't want to be contacted about this research please ring the BiBBS team or tell

the reception desk when you go to your GTT appointment.

B TAKING PART IN BiBBS

If you agree to take part we will ask you to:

1 WHEN YOU JOIN THE STUDY

(at your Glucose Tolerance Test or another appointment)

Complete a consent form and questionnaire with the help of a Community Research Assistant

Have some measurements taken:

- Your height and weight
- Measures of your arm
- Measure your vitamin levels using a simple sensor on the palm of your hand.

Give some samples:

- A urine sample
- A small amount of extra blood, at the same time as your blood test at the Glucose Tolerance Test clinic, or other appointment.

If you don't want us to take any of these measurements or samples please let us know. You will still be able to take part.

2 SHORTLY AFTER YOUR BABY IS BORN

Agree to some measurements for your baby:

- Measurements of your baby's arm and back

Give some samples:

- A small amount of hair from your head
- Some of the blood left in the umbilical cord after it has been cut

If you don't want us to take any of these measurements or samples please let us know. You will still be able to take part.

3 AS YOUR CHILD GROWS UP

Many organisations regularly collect information about families, including:

- Healthcare Organisations, e.g.
- GPs and health visitors
 - Hospitals
 - Midwives
 - Dentists

- The Local Authority (council), e.g.
- Children's services (including children's centres and social care)
 - Schools

Better Start Bradford Projects

"I AM VERY PROUD THAT MY FAMILY IS PART OF THE BiB STUDY. IT IS GOOD TO KNOW THAT OUR INFORMATION IS BEING USED BY RESEARCHERS TO IMPROVE THE HEALTH OF CHILDREN IN BRADFORD AND ELSEWHERE."

JANET – a BiB mum

We would like to ask these organisations to share relevant information about you and your child with BiBBS. This helps us to understand your, and your child's, health and development as they grow up.

All of this information will be confidential.

We would like to send you newsletters from time to time to let you know about how BiBBS is getting on, and invite you to take part in other research related to BiBBS.

Do I have to take part?

No, it's up to you. Whatever you decide, your health care will not be affected in any way and you will still be able to take part in the Better Start Bradford projects.

If you decide to take part and then later change your mind, you can withdraw using the details on the back of this information sheet. If you become unable to consent in the future, we will not collect any further information.

Are there any benefits or risks for me or my baby?

There are no direct benefits to you and your baby. The main benefit is that you will be helping



us to understand more about how to improve children's health and development.

The study will not harm you or your baby. If there are any parts of the study that you are worried about a researcher can discuss this with you.

C HOW WE WILL USE THE BiBBS INFORMATION

We will use your information to understand children's health and development.

You may be offered the chance to take part in Better Start Bradford projects. If lots of families want to take part in projects, there may not be enough places for everyone. If this happens, families may be selected for projects by chance (randomly), like using the toss of a coin.

If your family are not selected to take part in a project we may compare your information with families who have been selected to take part in a project.