

# Five steps to inclusive & sustainable regeneration



**PHI** | Healthy  
UK | Urban Places

Healthy Urban Places, a programme hosted by Born in Bradford, is working with communities and local partners to better understand how local urban places impact health and what improvements could achieve the best outcomes.

## 1. Take a Wider Determinants of Health Approach

Focusing on the wider determinants of health during planning and implementation means a complex range of anticipated outcomes and associated risks to health, the environment and equity can be identified.

## 2. Use Health Impact Assessments (HIAs)

Use HIAs to embed a wider determinants of health approach at the start of regeneration. This will enable policymakers to be clear about impacts on public health and equity.

## 3. Utilise Different Forms of Evidence

Planning should take into account diverse forms of evidence on “what works” in urban regeneration, recognising multiple outcomes, varied perspectives, and the complexity of real-world contexts.

## 4. Ensure Resident Participation and Inclusion Throughout

Create opportunities for residents from diverse and marginalised groups to meaningfully participate, to ensure they have voice and agency during regeneration processes.

## 5. Risk Assess for Disruption

Fully assess potential risks associated with gentrification to minimise impacts on the local labour market, as well as housing, affordability and social displacement.

**University of York/HDRC Bradford researchers working with the Healthy Urban Places team, identified five core pathways to create inclusive and sustainable regeneration. Engaging these approaches can help policymakers develop regeneration that supports urban communities.**

### How we found this out:

- Analysis of academic and grey literature exploring models of inclusive and sustainable regeneration.
- Working with communities and policy makers to explore ‘how’ inclusive and sustainable approaches can be achieved.



Figure: An inclusive and sustainable train station, designed by a young person

