

What We Measure in the Study – Mothers

The mothers survey asks about their household, local area, language, education, socioeconomic and social circumstances, health and wellbeing, and parenting. The survey takes between 20-30 minutes to complete. For more information on where the domains came from and validated questions, please see the table below:

Domain	Question	Source
About you and your household	What is your Date of Birth?	BiBBS Mothers Baseline Questionnaire
About you and your household	How many adults aged 16 and over live in your household, including yourself?	BiBBS Mothers Baseline Questionnaire
About you and your household	How many children do you have?	BiBBS Mothers Baseline Questionnaire
About you and your household	How many other children under 16 live in your household?	BiBBS Mothers Baseline Questionnaire
About you and your household	Does your child (or children) live with you all the time?	BiBBS Mothers Baseline Questionnaire
About you and your household	What is your relationship with your child(ren)'s natural father?	Adapted from BiBBS Mothers Baseline Questionnaire
About you and your household	Are you living with your children's natural father?	Adapted from BiBBS Mothers Baseline Questionnaire
About you and your household	Do you have a partner at the moment that you live with?	Adapted from BiBBS Mothers Baseline Questionnaire
About you and your household	Do you also live with...	Bespoke
About your house/area	What is your postcode?	BiBBS Mothers Baseline Questionnaire
About your house/area	Do you (or your household) own or rent the home you live in?	Other BiB Questionnaire
About your house/area	How many bedrooms does your household have, including spare bedrooms?	BiBBS Mothers Baseline Questionnaire
About your house/area	Do you have damp or mould in your home?	BiBBS Mothers Baseline Questionnaire

About your house/area	If yes, in which rooms of your home is the mould located?	Bespoke – based on community feedback
About your house/area	When you are at home on a typical day in winter, are you (and everyone in your household) warm enough?	BiBBS Mothers Baseline Questionnaire
About your house/area	Does your home have an outdoor space which you and your family can use?	BiB Adult COVID
About your house/area	Is your outdoor space safe for your children to play in?	BiBBS Mothers Baseline Questionnaire
About your house/area	How satisfied or dissatisfied are you with the parks and green spaces in your local area?	BiBBS Mothers Baseline Questionnaire
About your house/area	How safe or unsafe do you feel when outside in your neighbourhood during the day?	BiBBS Mothers Baseline Questionnaire
About your house/area	How safe or unsafe do you feel when outside in your neighbourhood after dark?	BiBBS Mothers Baseline Questionnaire
About your house/area	Is there a problem with rubbish or litter lying around in your neighbourhood?	Informed by the Quality of Local Environment Survey – for more information see: https://assets.publishing.service.gov.uk/media/5a7c277ced915d0b036b55f4/pb14015-valuing-local-environment.pdf
Language	Is English your first language?	BiBBS Mothers Baseline Questionnaire
Language	If English is not your first language, how well can you do the following things in English: Understand what people are saying / Understand what you read / Speak	BiBBS Mothers Baseline Questionnaire
Language	If you have children under the age of 12, how many days in a typical week do you read with them?	BiBBS Mothers Baseline Questionnaire
Education	Do you have any educational qualifications in England/UK?	BiBBS Mothers Baseline Questionnaire
Education	What is your highest level of education you have completed in England?	BiBBS Mothers Baseline Questionnaire
Socioeconomic circumstances	Are you currently employed or self-employed?	Adapted from BiBBS Mothers Baseline Questionnaire
Socioeconomic circumstances	Is your partner currently employed or self-employed	Adapted from BiBBS Mothers Baseline Questionnaire
Socioeconomic	Who is the main earner in the household?	BiBBS Mothers Baseline Questionnaire

circumstances		
Socioeconomic circumstances	The food that I bought just didn't last, and I didn't have money to get more	U.S. Household Food Security Survey
Socioeconomic circumstances	I couldn't afford to eat balanced meals.	U.S. Household Food Security Survey
Socioeconomic circumstances	Did you ever cut the size of your meals, eat less or skip meals because there wasn't enough money for food?	U.S. Household Food Security Survey
Socioeconomic circumstances	If yes, how often does this happen?	U.S. Household Food Security Survey
Socioeconomic circumstances	How well would you say you (and your partner) are managing financially these days?	BiBBS Mothers Baseline Questionnaire
Social circumstances	How often have you felt lonely during the past week	Other BiB Survey
Social circumstances	How many people can you count on in times of need?	BiBBS Mothers Baseline Questionnaire
Social circumstances	How many of these people are from your neighbourhood?	BiBBS Mothers Baseline Questionnaire
Social circumstances	How would you describe the quality of your relationship with your current partner?	BiBBS Mothers Baseline Questionnaire
Health and wellbeing	How would you describe your health generally?	Other BiB Survey
Health and wellbeing	Does anyone smoke inside your home?	Bespoke
Health and wellbeing	Does anyone vape inside your home?	Bespoke
Health and wellbeing	Over the last 2 weeks, on how many days have you been bothered by: Little interest or pleasure in doing things	PHQ-8
Health and wellbeing	Feeling down, depressed, or hopeless	PHQ-8
Health and	Trouble falling or staying asleep, or sleeping too much	PHQ-8

wellbeing		
Health and wellbeing	Feeling tired or having little energy	PHQ-8
Health and wellbeing	Poor appetite or overeating	PHQ-8
Health and wellbeing	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	PHQ-8
Health and wellbeing	Trouble concentrating on things, such as reading the newspaper or watching television	PHQ-8
Health and wellbeing	Moving or speaking so slowly that others could have noticed? Or the opposite — being so fidgety or restless that you’ve been moving around a lot more than usual?	PHQ-8
Health and wellbeing	Feeling nervous, anxious or on edge	GAD-7
Health and wellbeing	Not being able to stop or control worrying	GAD-7
Health and wellbeing	Worrying too much about different things	GAD-7
Health and wellbeing	Trouble relaxing	GAD-7
Health and wellbeing	Being so restless that it is hard to sit still	GAD-7
Health and wellbeing	Becoming easily annoyed or irritable	GAD-7
Health and wellbeing	Feeling afraid as if something awful might happen	GAD-7
Health and wellbeing	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	GAD-7
Parenting Section 2**	[17 parenting statements] e.g., The problems of taking care of a child are easy to solve...	Parent Sense of Competence scale
Parenting Section 3**	[5 parenting statements] e.g., Even though I may not always manage it, I know what I need to do with my child	Brief Parental self-efficacy scale
Health and	Mobility	EQ-5D

wellbeing		
Health and wellbeing	Self-Care	EQ-5D
Health and wellbeing	Usual Activities	EQ-5D
Health and wellbeing	Pain/Discomfort	EQ-5D
Health and wellbeing	Anxiety/Depression	EQ-5D
Health and wellbeing	Your Health Today	EQ-5D
Health and wellbeing	About your overall quality of life – Please indicate which statements best describe your overall quality of life at the moment	
Health and wellbeing	Feeling settled and secure	ICECAP-A
Health and wellbeing	Love, friendship and support	ICECAP-A
Health and wellbeing	Being independent	ICECAP-A
Health and wellbeing	Achievement and progress	ICECAP-A
	Enjoyment and pleasure	ICECAP-A
Health and wellbeing	What is your biggest worry right now?	Other BiB Survey
Health and wellbeing	What makes you happy right now?	Other BiB Survey