

## C: How we will use the BiBBS information

We will use your information to understand children's health and development.

You may be offered the chance to take part in Better Start Bradford projects. If lots of families want to take part in projects, there may not be enough places for everyone. If this happens, families may be selected for projects by chance (randomly), like using the toss of a coin. If your family are not selected to take part in a project we may compare your information with families who have been selected to take part in a project.

### What will happen to the samples you collect?

Your blood and hair samples will be stored and kept for use by researchers. We will not feedback the results of analysis of samples to you individually.

### How will you keep information confidential?

When you take part you will be given a study number and only authorised members of the BiBBS project team will be able to identify you from your study number. All the information we collect about you, and the samples we take from you, will be stored securely and in strict confidence using this study number. However, if we have concerns that you, or someone else, is at risk of harm then we may tell the relevant services, for example your GP, hospital or social services.

Information and samples will be stored for use by researchers in the UK and both inside and outside the European Economic area. Some of these countries do not have the same data protection laws as in the UK, however, the information they receive will only be labelled with a study number, so it cannot be linked to you.

### Will I get to know the findings of the project?

The findings will be published in scientific journals. We will also make sure they are reported in newspapers and on the radio. We will also hold public meetings and send findings to community groups and Children's Centres in Bradford. None of these will identify individual people.



## D: What should I do if...

### I don't want to be contacted about the study?

Please phone the BiBBS project office or let a member of staff at the maternity reception desk know when you attend for your Glucose Tolerance Test.

### I have questions or problems?

You can ask questions about the research when you meet a BiBBS researcher if you attend your Glucose Tolerance Test. You can also phone the BiBBS project office and speak to someone from the team. If you have any questions about the health of your child you should contact your GP.

### I want to withdraw from the study?

Please contact us. The BiBBS project contact details are as follows:

**Phone:** 01274 364474

**Website:** <https://borninbradford.nhs.uk/what-we-do/cohort-studies/betterstart/>

**Facebook:** Born in Bradford's Better Start

### Address:

BiBBS Project office, Temple Bank House, Bradford Royal Infirmary, Duckworth Lane, Bradford BD9 6RJ

For more information about healthcare research, how we are approved to undertake research and the rules we have to follow to protect data about you and your family please visit:

[www.hra.nhs.uk/information-about-patients/](http://www.hra.nhs.uk/information-about-patients/)

This study is organised and run by the Better Start Bradford Innovation Hub, a part of Born in Bradford based at the Bradford Teaching Hospitals NHS Foundation Trust. This study is funded by the National Lottery through the Big Lottery Fund. The sponsor for the study is Bradford Teaching Hospitals NHS Foundation Trust. The study has been approved by Bradford and Leeds Research Ethics Committee.

REGISTERED CHARITY NO: 106175



Bradford Teaching Hospitals  
NHS Foundation Trust

## Information Sheet for Pregnant Women Living in the Better Start Bradford Area

We would like to invite you to take part in the BiBBS research study. This leaflet explains why the study is being done and what taking part would involve for you. Please read this information carefully and ask us if you have any questions.





## A: What is BiBBS?

Born in Bradford's Better Start (BiBBS) is inviting all pregnant women and their families who live in Bowling and Barkerend, Bradford Moor and Little Horton to take part in our study. Better Start Bradford is offering exciting new projects for families in these areas. BiBBS will look at how these projects help to improve children's health and development.

BiBBS will collect information about your pregnancy and your children as they grow up. This will help us understand how to give children the best start in life.

BiBBS is run by the Born in Bradford (BiB) study. BiB is a family of research projects all about families and children in Bradford. Since 2007 families having babies in Bradford have been asked to join BiB to help us to learn more about how families in Bradford can live healthier, happier lives.



### How can I take part?

Someone from the BiBBS research team will explain the study to you when you go to your Glucose Tolerance Test, at 26-28 weeks of your pregnancy. If you do not attend a Glucose Tolerance Test we will contact you either to arrange to meet you at another of your appointments or by phone to arrange to meet you.

If you don't want to be contacted about this research please ring the BiBBS team or tell the reception desk when you go to your Glucose Tolerance Test appointment.

## B: Taking part in BiBBS

### If you agree to take part we will ask you to:

Complete a consent form and questionnaire with the help of a Community Research Assistant (at your Glucose Tolerance Test or another appointment)  
If you agree, have some measurements and samples taken:

#### 1. When you join the study

- Measure your vitamin levels using a simple sensor on your finger.
- A small amount of extra blood, at the same time as your blood test at the Glucose Tolerance Test clinic, or other appointment.

#### 2. Shortly after your baby is born

- A small amount of hair from your head
- Some of the blood left in the umbilical cord after it has been cut

If you don't want us to take any of these measurements or samples that is fine, we won't take them. You will still be able to take part.

#### 3. As your child grows up

Answer a few questions about how you and your baby are doing. A member of the BiBBS team will get in touch to do a short questionnaire with you over the phone or letter. We will also use this opportunity to signpost you to services that you might find useful. If you don't want to do the questionnaire, that is fine, just let a member of the team know.

#### 4. As your child grows up

Lots of organisations regularly collect data about the services they provide to you or your children; this is known

as routine data. The NHS keeps health records so the can provide health services to you. Social Care keep records about services they provide to you and your family. Education organisations keep information to help them to provide services for your children in schools and so they know what they achieve. All of this information is collected electronically and stored separately on different systems.

The diagram opposite shows some of the different organisations that we will contact to link information from your patient record or to help us to contact you in the future.

We would like to ask these organisations to share relevant information about you and your child with BiBBS. By linking information from both your and your child's records, we can help to improve health care and services to give children the best start in life.



### How will BiBBS get my information?

We will give some personally- identifiable details such as name, date of birth, address and NHS number to each of these organisations so they can send us data back about you and your child regularly to get a more complete picture of people's health and lives. This will be sent using a secure transfer system to keep your information safe.

We would like to send you newsletters from time to time to let you know about how BiBBS is getting on, and invite you to take part in other research related to BiBBS.

### Do I have to take part?

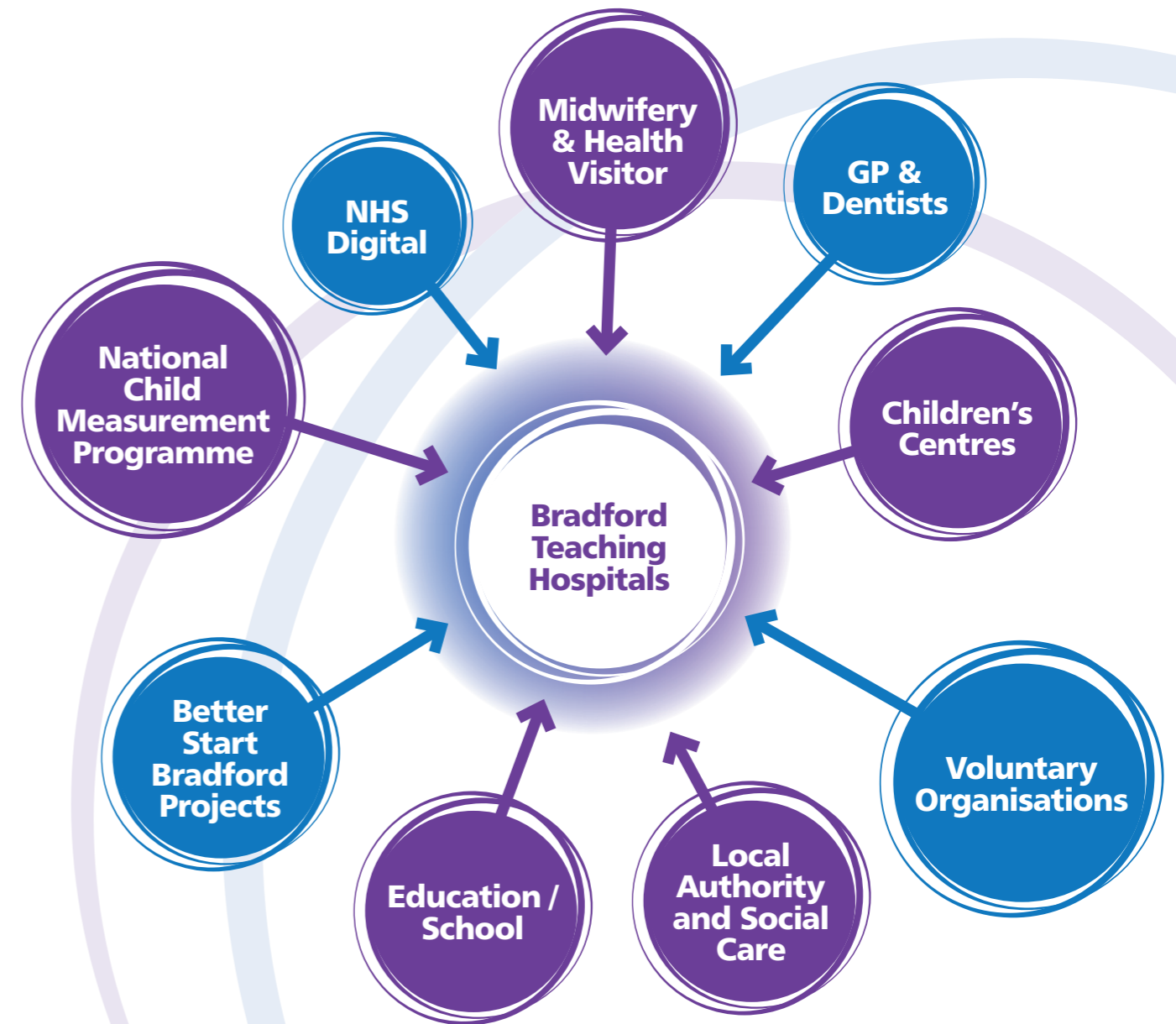
No, it's up to you. Whatever you decide, your health care will not be affected in any way and you will

still be able to take part in the Better Start Bradford projects.

If you decide to take part and then later change your mind, you can withdraw using the details on the back of this information sheet. If you become unable to consent in the future, we will not collect any further information.

### Are there any benefits or risks for me or my baby?

There are no direct benefits to you and your baby. The main benefit is that you will be helping us to understand more about how to improve children's health and development. The study will not harm you or your baby. If there are any parts of the study that you are worried about a researcher can discuss this with you.



A diagram of the information we would like to collect.