

News

Explore,
experience and
have fun!



*18th and 19th October,
Media Museum
and City Park*

**Family
Festival!**

Hi Everyone!

Excitement is mounting for the BiB Family Festival in City Park and at the Media Museum – two whole days of family fun!

Go to City Park for free family photos on an outdoor sofa, genetics in a tent, health information on a bus...

Visit the Media Museum for brilliant family shows, storytelling, BiB information and findings, Ian Beesley's photographs of BiB children, find out how to get DNA from a strawberry and how to make a smartphone into a microscope, explore the Faith Zone and much more!

There are two picnic areas in the museum where you can eat your own food or you can visit the museum café which is serving BiB bear biscuits especially for us!

If you want to be a FestMaker and help out then come to the volunteer training event at the Cubby Broccoli Cinema, Media Museum, 10.30-11.30am, Thursday 9 October.

BiB mums and dads will be everywhere! Photographer Charlotte Arliss will be taking pictures, Liz Firth from Bradford Cathedral is in charge of the Faith area, the Parent Governors are attending and the Orange Grove, Saltaire are providing free strawberries!

Keep up to date by following us on Facebook, Twitter and the website.

See you there!

Ann Barratt

Facebook: Born in Bradford
Twitter: @BIBresearch



Photo project success

In the January edition of the BiB newsletter we invited anyone who has a photograph of a relative who took part in the First World War to be photographed holding their photograph. The families who responded have found their photo sessions both moving and enjoyable.

On our website we have details of over 800 men from the Mirpur district who died in the War, many of the villages are in the Kotli and Bhimber districts. If your family have links to these districts ask your parents and grandparents whether you



had relatives who took part in the conflict and get in touch with us if you have.

Examples of men who are listed are **Sahat Ali** who died on 12/01/1917 in Iraq, the son of Piran-Ditta, of Malout, Bhimber, Mirpur, Kashmir, and **Sabdul Khan** who died on 01/12/1915 in Iraq, the son of Budhu Khan, of Bandi, Kotli, Mirpur, Kashmir.

We are continuing with this project and widening it to include relatives who fought in the Second World War.

Please get in touch: ann.barratt@bthft.nhs.uk if you would like to have your family photographed in this way.

Pictured are two of the families who took part





Family Festival!

18th and 19th October 2014

See you at the National Media Museum and City Park in Bradford!

Become explorers!

Find out about the latest research insights based on children born in Bradford that tell us more about our lives, our bodies and our planet.

Play, learn, get curious, get informed and have fun with DNA, technology, stories, trails, facepainting, badgemaking, detective work and live theatre performances!

Suitable for children and grown-ups of all ages!



*All families welcome
10am to 4pm each day*

www.borninbradford.nhs.uk



Facebook: Born in Bradford

Twitter: @BIBresearch @BiBParents #BiBfest

Working closely with Better Start Bradford



We are excited to be a part of this amazing new programme to improve the lives of families in Bradford. BiB is built on genuine engagement from families, researchers and health professionals and now we have been able to use the findings from the BiB project to help Bradford win this massive lottery funded project. That's a real achievement that everyone in BiB should be proud of.

– Rosie McEachan, BiB manager

Information collected from children taking part in BiB studies, and the understanding the study provides of the challenges faced by Bradford families, helped to guide the choice of the key themes in the bid:



**environmental
changes**



**nutrition and
obesity**



**communication
and language development**



**social and
emotional development.**

From Spring 2015 we will be recruiting for a new cohort of around 5,000 pregnant mums living in Bowling and Barkerend, Bradford Moor and Little Horton, so that we can work with them to evaluate the impact of this programme.





Parent Governors

See you at the
Mumtaz,
Monday 24 November



BiB parents meet with BiB staff and researchers every two months to find out what's going on in BiB, and for researchers to get advice on setting up new projects. We really value your input, it is vital in shaping the research.

Do you want to join us at the Mumtaz, 7-8.30pm for information and lively debate? Next meeting: Monday 24 November. All are welcome, contact ann.barratt@bthft.nhs.uk for details.

You can find the notes from each meeting on the Parent Governors' page in the Parents and Families section of the website.

Noticeboard



Newsflash!

We know this study asks a lot from the families who take part, but you haven't let us down.

We have approached 600 families so far and 100 of them have taken part in the research; we still need another 100 families to agree to it!

The appointments are two hours long there are lots of questions, measurements, tests and assessments so we want to say a big THANK YOU to these families! And an even bigger THANK YOU has to go to the 17 superstar families who have taken part in the extended version of the study where they do more measurements and tasks over a whole week!

What have the children enjoyed most? Peeing in a pot! (some but not all), the computer games and for those

Don't forget...

Family Festival!

*18th and 19th October,
Media Museum and City Park
See you there!*

8 BiB News



who get to carry the cutting edge research equipment around – it's having their own smart phone for a week!

**Above,
Jacob and
his friends
at school.
Below,
Holly has
her blood
pressure
taken**



BORNINBRADFORD

Project Office, Bradford Institute for Health Research, Bradford Royal Infirmary, Duckworth Lane, Bradford BD9 6RJ. Telephone: 01274 364474
Email: borninbradford@bthft.nhs.uk

Registered Charity No. 1061753

It is VITAL to the success of the project that we can keep in contact with you; when you change address please tell your GP. We get all the addresses and phone numbers from the central register.

www.borninbradford.nhs.uk