

News



**New for 2014
The BiB
Family
Festival:
The teddies
are moving
indoors**

**Wanted:
Parent
Governors**

**Wanted:
World War I
photos**

**Wanted:
Recruits for
the new HELIX
study**

Hi Everyone!

Happy New Year! It is hard to believe it, but the oldest BiB children will be turning seven this year and the youngest child will be three in June. It is those oldest children who can take part in our new European study HELIX, see more information on page 3.

Not everyone is eligible for HELIX, but you might be able to take part in our World War One commemoration project, see pages 4 and 5. It doesn't matter what part of the world your family lived in at the beginning of the 20th century.

Something that is open to **all** BiB parents is to become a **Parent Governor**, see pages 6 and 7, this is a vital role in shaping the future of the project and the first meeting will take place at the famous Mumtaz restaurant on Great Horton Road.

At the meeting we will be talking about an exciting new family event for 2014.

No more rainy, muddy Teddy Bears' Picnic!

We have loved meeting you at Lister Park over the last six years but we are fed up with the weather spoiling the fun! This year we are planning a new event – the BiB Family Festival, in October 2014. This will be held at a fantastic Bradford indoor location – to be revealed later in the year. Follow us on our Born in Bradford Facebook page and the Born in Bradford website to find out what is happening and where...

Ann Barratt

Facebook: Born in Bradford
Twitter: @BIBresearch

It'll be drier this year: our famous Teddy Bears' Picnic is being replaced with an indoor event



New major study



Children
being
measured
in 1892 and
how we do
it today!

In April 2014 we are launching HELIX; a European wide study.

We are asking 200 BiB families to take their part in this study alongside families in other birth cohorts across Europe.

The research will ask questions such as:

- How do exposures to pollutants affect children?
- What is the interaction between these exposures and individual children's diets and levels of physical activity?
- How do they vary by season?

It is already known that an increasing number of childhood diseases are related to pollution in the environment. Children are exposed to chemical compounds during pregnancy and early childhood and this explains some of the developmental alterations of the nervous, immune, and reproductive systems that are seen in children today.

This study requires commitment!

Recruitment will start in April 2014 and we will be writing to all those families who are eligible; in order to take part the child has to be 6-7 and the mother has to have completed a baseline questionnaire and had samples collected when they were recruited back in 2008 or 2009.

This is a big ask for the whole family, so those who take part will be given £20 cash for their time, and we will provide transport to bring them to our clinic and to take them home. Out of these 200 families 35 will be asked to take part in further research.

The information collected for this study will be analysed by the researchers and will lead to policies being developed that will create healthier and safer environments for present and future generations.

Parent Gover

It is vital to the success of the project that BiB parents are involved in decisions about the project and in shaping its future.

For the past couple of years we have been holding meetings every couple of months in schools and children's centres and that has been really helpful, but now we need a group of people who will commit to attending the meetings regularly to help us to oversee the planned research.

At the meetings you can:

- **GIVE YOUR VIEWS** on what is being researched, how the studies are set up, who is involved, what happens to the findings.
- **HAVE A SAY** in the design of research trials so that they will result in real improvements to child and adult health.

At St Edmund's Children's Centre & Nursery



- **HELP BIB STAFF** to find creative ways of working with Bradford families and other Bradford institutions to make sure they hear about the findings and benefit from the work that is being done.

Mumtaz®

We are very grateful to the Mumtaz Restaurant who have supported the project since it began and have offered to host the meetings and to provide refreshments for us

The first meeting will be held

- **At:** the Mumtaz restaurant, Great Horton Road, BD7 3HS
- **On:** Monday February 3rd
- **From:** 7-9pm

Please join us there to see if you would be interested in becoming a regular member of this Parent Governor group.

We will pay £15 towards your travel expenses if you are able to attend.

This meeting is open to any BiB parents, mums and dads, who were recruited to the project between 2007-2010. Please invite any other BiB parents you know to come along too, all are very welcome.

Use the website and Facebook for more details.

www.borninbradford.nhs.uk

nors wanted!



Family network days at Farnham Children's Centre and, below, meeting the bears at Midland Road Children's Centre & Nursery





Did you know?

One million Indian troops served overseas in World War I, of whom 62,000 died and another 67,000 were wounded. While some divisions were sent overseas, others had to remain in India guarding the North West Frontier and on internal security and training duties.

Top, Ian Beesley's grandparents and above left, WWI American, Russian and Punjab Indian soldiers

Can you help BiB to commemorate the centenary of World War I?

This year many organisations will be commemorating 100 years since the start of the Great War that claimed the lives of millions and involved people from all around the world.

Our Born in Bradford photographer, Ian Beesley, would like to mark this occasion by photographing the descendants of those who fought in this war. Ian has a precious photo of his Grandad with



Commemorating the Great War

his Grandma taken just before he went off to fight.

Do you have a photograph of your relatives taken around this time?

We would love to take a picture of members of your family, for example a great grandparent, grandparent, parent and BiB child holding up the photograph of your relative. It will bridge those 100 years, connecting up present and past through the generations.

We are working closely with Bradford Museums and Galleries

www.borninbradford.nhs.uk

who have got exhibitions about the First World War planned throughout 2014-2018. They are showing artefacts and photographs from this period at the Industrial Museum and Ian will exhibit the photos of the BiB families there in 2015.

Ian says he can restore even badly damaged photos for you.

If you would like to get involved then please ring or e-mail the office and we can make the arrangements.

Office telephone: 01274 364474.

E-mail: borninbradford@bthft.nhs.uk

Noticeboard

Our pledge to keep all data confidential

Do you remember when you were recruited to the project? It was some time ago now and a lot has happened in everyone's lives since then.

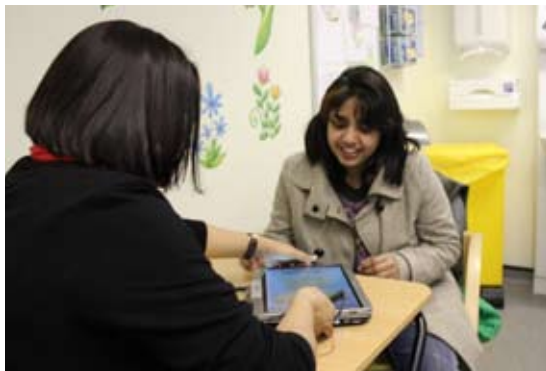
When you signed the consent form you agreed that we could follow your medical records and your child's medical and educational records.

This is a really important way for a cohort study to get information that is already routinely collected on health and education and to put this alongside the information you give to the various research projects.

So, for example, we can track which children require inhalers from their GP, or who develops diabetes. We can then use the information we collected in pregnancy to find out what may have caused this.

To access primary care data we are working with SystmOne, which is used by almost all GP practices within the Bradford area. This provides us with annual data about all current Born in Bradford participants. To access education data we are working with local Councils, primarily Bradford, to link to each child's Unique Pupil Reference number. This provides us with the results of statutory testing in school.

Keeping data safe and confidential



is critical for BiB. We are based in the NHS and so we have the same very high standards of data protection as are applied to your personal medical records. All the data we use is anonymised and so cannot be linked back to individuals.

If you want to find out more about how we link and protect your data then please contact us.

BORNINBRADFORD

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It is VITAL to the success of the project that we can keep in contact with you; when you change address please tell your GP. We get all the addresses and phone numbers from the central register.