

Module 4 This survey is part of the Born in Bradford Age of Wonder research project. We will be asking you questions about school, identity and discrimination, and digital and social media. This will take about 10-20 minutes to complete.

You do not have to take part in this questionnaire. You also do not have to answer any questions you don't want to. If you don't want to answer a question, just leave it blank and move on to the next question.

By completing this questionnaire, you are agreeing to us using the information you provide for our research. We will keep your information completely confidential and will not pass on any of the responses to the questions to anyone. We will write reports based on the data we collect but no-one will ever be able to identify you from anything we publish.

If the answers to any of the questions upset you or you would like to talk about anything that is worrying you, please speak to the member of the research team or the teacher that is doing the survey with you.

The study has been reviewed and approved by Bradford Leeds Research Ethics Committee [Ref 21/YH/0261 date 22.12.21]. Research ethics committees think about the study from the point of view of a person taking part and make sure their rights and privacy are fully respected.

school_infographic_v1_13.04.22

ATTENTION CLASS!

IN THIS SECTION YOU GET TO TELL US ALL ABOUT SCHOOL

WE'LL ASK ABOUT:

YOUR EXPERIENCES

SUPPORT

ACTIVITIES AND CAREERS

WHY IS IT IMPORTANT?

YOU SPEND 25% OF YOUR TIME IN SCHOOL!

SCHOOL PLAYS AN ENORMOUS ROLE IN YOUR LIFE, SHAPING

PHYSICAL WELLBEING

MENTAL WELLBEING

AND FUTURE PROSPECTS

THE MOST DISADVANTAGED STUDENTS ARE LESS LIKELY TO ATTEND A GOOD SCHOOL

THIS CAN RESULT IN POORER OUTCOMES IN THE FUTURE.

DID YOU KNOW?

BIB HAS BEEN CONDUCTING RESEARCH IN PRIMARY AND SECONDARY SCHOOLS FOR MORE THAN 10 YEARS.

BiB

INTERESTING FACTS:

AREAS OF THE BRAIN WE USE TO CATCH BALLS CAN ALSO HELP AT MATHS!

SOURCE: PICKAVANCE ET AL, 2022)

SCHOOL

TELL US HOW YOU FEEL

PLEASE DON'T BE SHY, WE'D LIKE TO KNOW YOUR HONEST OPINION

YOUR ANSWERS WILL HELP THE SCHOOL IDENTIFY AREAS IT NEEDS TO IMPROVE

WORKING TOGETHER, WE CAN MAKE SCHOOL A BETTER PLACE WHERE ALL STUDENTS CAN THRIVE.

INCREDIBLE INVENTIONS:

WE DEVELOPED A PROGRAM TO IMPROVE CHILDREN'S HANDWRITING WITHOUT THE NEED FOR EXPENSIVE SPECIALISTS

SOURCE: (SHIRE ET AL., 2020)

School Environment

In this part of the survey you will be asked questions about your school. Remember, your answers are completely confidential so please be as honest as you can. If you do not want to answer a question, you can skip it.

I enjoy school

- ☐ All the time
 - ☐ Most of the time
 - ☐ Some of the time
 - ☐ Almost never
 - ☐ Never
-

Teachers help me to do my best

- ☐ In every lesson
 - ☐ In most lessons
 - ☐ In some lessons
 - ☐ In very few lessons
 - ☐ In none of my lessons
-

My teachers give me work that challenges me

- ☐ In every lesson
 - ☐ In most lessons
 - ☐ In some lessons
 - ☐ In very few lessons
 - ☐ In none of my lessons
-

I enjoy learning at this school

- ☐ All the time
 - ☐ Most of the time
 - ☐ Some of the time
 - ☐ Almost never
 - ☐ Never
-

Teachers listen to what I have to say in lessons

- ☐ Strongly agree
 - ☐ Agree
 - ☐ Neither agree nor disagree
 - ☐ Disagree
 - ☐ Strongly disagree
-

There is an adult at school I can talk to if something is worrying me

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

Behaviour

In this part of the survey you will be asked questions about how people behave at school. Remember, nobody will know how you've responded and if you do not want to answer a question, you can skip it.

The behaviour of other pupils in my lessons is good

- ☐ All of the time
- ☐ Most of the time
- ☐ Some of the time
- ☐ Almost never
- ☐ Never

The behaviour of other pupils around school is good

- ☐ All of the time
- ☐ Most of the time
- ☐ Some of the time
- ☐ Almost never
- ☐ Never

Is bullying a problem at your school?

- ☐ It doesn't happen
- ☐ It happens and teachers are really good at resolving it
- ☐ It happens and teachers are good at resolving it
- ☐ It happens and teachers are not good at resolving it
- ☐ It happens and teachers do nothing about it

I feel safe when I am at school

- ☐ All the time
- ☐ Most of the time
- ☐ Some of the time
- ☐ Almost never
- ☐ Never

Do you think your school takes bullying seriously?

- ☐ No
- ☐ Not sure
- ☐ Yes

Encouraging Positive Behaviours In this part of the survey you will be asked questions about the behaviours your school encourages. Remember, if you do not want to answer a question, you can skip it.

To what extent do you agree or disagree with the following statements:

My school encourages me to look after my physical health (for example, healthy eating and fitness)

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

My school encourages me to look after my emotional and mental health

- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree

My school encourages me to be independent and to take on responsibilities

- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree

My school encourages me to respect people from other backgrounds and to treat everyone equally

- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree

School Experience In this part of the survey you will be asked questions about your school experience. Remember, if you do not want to answer a question, you can skip it.

My school provides me with information about my next steps

(For example: moving year group or school, choosing qualifications for the future, going to university or other education and training options like apprenticeships, or finding a job)

- ☐ Yes, but it was too much information and was not helpful
☐ Yes, I received the right amount of information that was helpful
☐ Yes, but there wasn't enough information that was helpful
☐ No, I haven't received any information

Are you able to get water at school?

- ☐ Yes
☐ No
☐ Not easily

If you can, where can you get it from?

You may tick more than one answer

- ☐ Water fountain
☐ Tap in classroom
☐ Canteen / dinner room
☐ Sink in toilet
☐ Class water bottle
☐ My own drinking bottle
☐ Water machine / cooler
☐ Other (please describe)

Please describe:

School Pressure How much do you agree or disagree with the following statements...

Competition with other people for grades is intense

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

If I don't do well in school, my family will be disappointed

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

My teachers put too much pressure on me to do well in school

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

I'm worried about progressing in the future

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

If I don't do well in school, I'll be a failure

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

I often feel stressed because of the pressure to do well in school

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

I worry about doing well in tests, exams and assessments

- ☐ Strongly agree
- ☐ Agree
- ☐ Neither agree nor disagree
- ☐ Disagree
- ☐ Strongly disagree

I have too many tests, exams and assessments

- ☐ Strongly agree
☐ Agree
☐ Neither agree nor disagree
☐ Disagree
☐ Strongly disagree
-

Friends

How many in-person friends do you have?

*By in-person, we mean friends you've met in real life

- ☐ Not many
☐ Some
☐ Lots
-

How many online friends do you have?

*By online, we mean friends you only know online

- ☐ Not many
☐ Some
☐ Lots
-

Do you have any close friends?

*By close friends we mean other young people you feel at ease with or who you can talk to about things that are private

- ☐ Yes ☐ No
-

How many of your close friends are from the same ethnic group?

- ☐ All of them
☐ Most of them
☐ Some of them
☐ None of them
-

How many of your close friends work hard at school?

- ☐ All of them
☐ Most of them
☐ Some of them
☐ None of them
-

How many of your close friends get into a lot of trouble at school?

- ☐ All of them
☐ Most of them
☐ Some of them
☐ None of them
-

If you could ask every teenager in Bradford any question about their school life, what would it be?

Section 2: Identity and Discrimination

IDENTITY &

DISCRIMINATION

WHAT IS IT?

OUR IDENTITY

...IS EVERYTHING WHICH MAKES US WHO WE ARE AS INDIVIDUALS:

OUR EXPERIENCES

OUR VALUES

OUR RELATIONSHIPS

DISCRIMINATION

...IS THE UNFAIR TREATMENT OF PEOPLE BASED ON THEIR IDENTITY.

WE WILL ASK ABOUT:

- ATTITUDES & VALUES
- BULLYING
- DISCRIMINATION

WHY IS IT IMPORTANT?

1/2 PEOPLE HAVE BEEN BULLIED AT SCHOOL.



DIFFERENCES ARE WHAT MAKES US WHO WE ARE.

OUR DIVERSE IDENTITIES ALLOWS US TO BE UNIQUE.



A CLEAR SENSE OF IDENTITY POSITIVELY IMPACTS OUR MENTAL HEALTH, IMPROVING OUR RESILIENCE AND CONFIDENCE.

BULLYING CAN LEAD TO:



MENTAL ILLNESS

POOR PERFORMANCE AT SCHOOL

POOR PHYSICAL HEALTH

(WOLKE, 2015)



THE PROBLEM

THOSE FROM MINORITY GROUPS ARE MORE LIKELY TO BE BULLIED.



MAKING A POSITIVE CHANGE

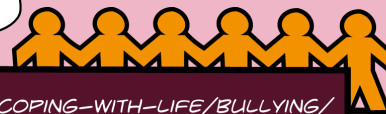
HOW YOU CAN HELP

YOUR ANSWERS HELP US UNDERSTAND HOW BULLYING AFFECTS INDIVIDUALS FROM DIFFERENT BACKGROUNDS.

THE RESULT

BETTER SERVICES

LESS DISCRIMINATION



FOR NON-JUDGMENTAL SUPPORT:

YOUNG MINDS [HTTPS://WWW.YOUNGMINDS.ORG.UK/YOUNG-PERSON/COPING-WITH-LIFE/BULLYING/](https://www.youngminds.org.uk/young-person/coping-with-life/bullying/)
 NATIONAL BULLYING HELPLINE: 0300 323 0169
 SAMARITANS: 01274 547 547 (BRADFORD)

Attitudes and Values In this part of the survey you will be asked questions about your attitudes and values. Remember, if you do not want to answer a question, you can skip it.

How much do you agree or disagree with the following statements?
Please select one answer for each statement

It is less important for women to go out to work than men.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

I like clothing with popular labels.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

It bothers me if my friends have things I don't.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

How important are the following to you...

to be well liked?

- ☐ Very important
- ☐ Quite important
- ☐ Not very important
- ☐ Not at all important

to work hard?

- ☐ Very important
- ☐ Quite important
- ☐ Not very important
- ☐ Not at all important

How wrong do you think it is....
Please select one answer for each statement

...for someone your age to start a fight with someone?

- ☐ Very wrong
- ☐ A bit wrong
- ☐ Not wrong

...for someone your age to write things or spray paint on a building, fence or train?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

...for someone your age to take something from a shop without paying for it?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

...for someone your age to copy or download music, games or films without paying for them, when they should have done?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

Migration In this part of the survey you will be asked questions about migration which is when people move from one country to another. Remember, if you do not want to answer a question, you can skip it.

Have any of your parents/guardians migrated from another country?

- ☐ Yes
☐ No

Have any of your grandparents migrated from another country?

- ☐ Yes
☐ No

Which country did they migrate from?

(Indicate for as many people as relevant)

Bullying In this part of the survey you will be asked questions about bullying.

We say a person is being bullied when another person or a group of people, repeatedly say or do unwanted nasty and unpleasant things to them. It also is bullying when a person is teased in a way they do not like or when they are left out of things on purpose. The person that bullies has more power than the person being bullied and wants to cause harm to them.

Your answers will help to identify where bullying is occurring and inform the design of supports and services for those being bullied.

Remember, your answers are completely confidential and will not be shared with your school, your friends, or family members. If you do not want to answer a question, you can skip it.

How often have you taken part in bullying another person(s) at school in the past couple of months?

- ☐ I have not bullied another person(s) in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

How often have you been bullied at school in the past couple of months?

- ☐ I have not been bullied at school in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

In the past couple of months, how often have you taken part in online bullying?

(Using a phone, device or computer to bully someone through messaging, gaming or a social media platform)

- ☐ I have not bullied another person online in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

In the past couple of months, how often have you been bullied online?

(Been bullied by someone using a phone, device or computer through messaging, gaming or a social media platform)

- ☐ I have not been bullied online in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

Discrimination In this part of the survey you will be asked questions about discrimination.

We would like to know about any experiences you have had where you have experienced discrimination because of your ethnicity, your sex/gender identity, disability, religion, class, neurodiversity or other reasons. We are interested in if and how people treat you differently because of these reasons.

Remember, all of your responses are confidential, so please answer the questions you feel comfortable with.

Have you experienced any of the following:

You were discouraged from joining a club or group.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

Others your age did not include you in their activities.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

People expected less of you than they expected of others your age.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

People assumed your English was poor.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

You were hassled by police.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

You were hassled by staff in a shop.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

You were called insulting names.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

You received poor service in a shop, restaurant or similar place.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

People acted as though you were not intelligent.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

People acted as if they were afraid of you.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

You were threatened.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
☐ Sex/ gender identity
☐ Disability
☐ Religion
☐ Class
☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
☐ Sexuality
☐ Other*

*Please describe:

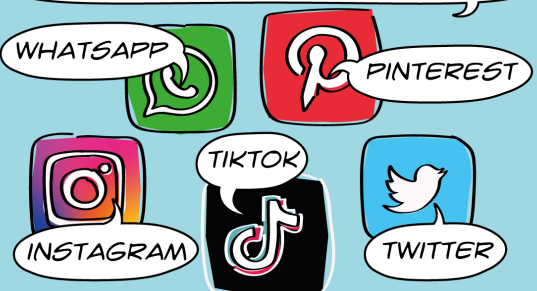
Final Section: Digital and Social Media

WHAT IS IT?

DIGITAL MEDIA IS
INFORMATION SHARED THROUGH



SOCIAL MEDIA IS
THE WEBSITES AND APPS THAT LET
US COMMUNICATE

**THE DIGITAL DIVIDE**

SOME INDIVIDUALS HAVE ACCESS
TO DIGITAL AND SOCIAL MEDIA,
OTHERS DO NOT.

THIS IS THE DIGITAL DIVIDE



MANY LOCAL BUSINESSES CITE
A LACK OF DIGITAL EXPERTISE
AS A MAJOR BLOCK TO THEIR
GROWTH.

AS A YOUNG CITY,
BRADFORD SHOULD BE AT THE HEART
OF THE DIGITAL REVOLUTION.

(CAER, 2020)

DIGITAL & SOCIAL MEDIA**DID YOU KNOW?**

ALMOST 2 MILLION
CHILDREN AND TEENAGERS
DO NOT HAVE ACCESS TO A LAPTOP
OR COMPUTER.

THIS EXCLUDES PEOPLE FROM
LEARNING AND SUPPORT.

(OFCOM, 2020)

DURING THE SPRING LOCKDOWN
2020

75%

REPORTED
WATCHING A
VIDEO EVERYDAY.

OF TEENAGERS
HAD PLAYED
GAMES ONLINE.

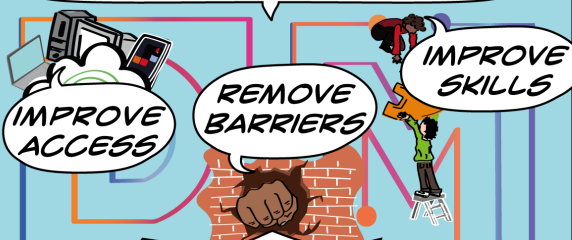
(OFCOM, 2021)

**HOW DO BRADFORD'S
TEENAGERS COMPARE?**

DIGITAL MAKERS

DIGITAL MAKERS AIM TO TACKLE
THIS DIVIDE!

YOUR ANSWERS WILL HELP US:



**TOGETHER WE CAN OVERCOME
THE DIGITAL DIVIDE!**

FIND OUT MORE ABOUT DIGITAL MAKERS AND THE DIGITAL DIVIDE:

[HTTPS://CAER.ORG.UK/WP-CONTENT/UPLOADS/2020/10/BIHR-DIGI-TAL-MAKERS-BRADFORDS-DIGITAL-REVOLUTION_7PAGES.PDF](https://caer.org.uk/wp-content/uploads/2020/10/BIHR-DIGITAL-MAKERS-BRADFORDS-DIGITAL-REVOLUTION_7PAGES.PDF)

Social Media In this part of the survey you will be asked questions about social media and your positive and negative experiences with it.

Your answers will help researchers and local organisations understand teenagers' social media habits and support positive experiences online.

Remember, your responses are completely confidential and will not be shared with any teachers, friends or family members. If you do not want to answer a question, you can skip it.

Which social media platforms do you use?

Tick all that apply

- ☐ Facebook
 - ☐ Instagram
 - ☐ Twitter
 - ☐ TikTok
 - ☐ Snapchat
 - ☐ Twitch
 - ☐ Omegle
 - ☐ Yubo
 - ☐ Kik
 - ☐ Discord
 - ☐ Other
-

Other, please describe:

On a normal week day (Monday - Friday) during term time, roughly how many hours do you spend using social media?

- ☐ None
- ☐ 0h 15m
- ☐ 0h 30m
- ☐ 0h 45m
- ☐ 1h 00m
- ☐ 1h 15m
- ☐ 1h 30m
- ☐ 1h 45m
- ☐ 2h 00m
- ☐ 2h 15m
- ☐ 2h 30m
- ☐ 2h 45m
- ☐ 3h 00m
- ☐ 3h 15m
- ☐ 3h 30m
- ☐ 3h 45m
- ☐ 4h 00m
- ☐ 4h 15m
- ☐ 4h 30m
- ☐ 4h 45m
- ☐ 5h 00m
- ☐ 5h 15m
- ☐ 5h 30m
- ☐ 5h 45m
- ☐ 6h 00m
- ☐ 6h 15m
- ☐ 6h 30m
- ☐ 6h 45m
- ☐ 7h 00m
- ☐ 7h 15m
- ☐ 7h 30m
- ☐ 7h 45m
- ☐ 8h 00m
- ☐ 8h 15m
- ☐ 8h 30m
- ☐ 8h 45m
- ☐ 9h 00m
- ☐ 9h 15m
- ☐ 9h 30m
- ☐ 9h 45m
- ☐ 10h 00m
- ☐ 10h 15m
- ☐ 10h 30m
- ☐ 10h 45m
- ☐ 11h 00m
- ☐ 11h 15m
- ☐ 11h 30m
- ☐ 11h 45m
- ☐ 12h 00m
- ☐ More than 12 hours

On a normal weekend (Saturday and Sunday) during term time, roughly how many hours do you spend using social media?

- ☐ None
- ☐ 0h 15m
- ☐ 0h 30m
- ☐ 0h 45m
- ☐ 1h 00m
- ☐ 1h 15m
- ☐ 1h 30m
- ☐ 1h 45m
- ☐ 2h 00m
- ☐ 2h 15m
- ☐ 2h 30m
- ☐ 2h 45m
- ☐ 3h 00m
- ☐ 3h 15m
- ☐ 3h 30m
- ☐ 3h 45m
- ☐ 4h 00m
- ☐ 4h 15m
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- ☐ 9h 45m
- ☐ 10h 00m
- ☐ 10h 15m
- ☐ 10h 30m
- ☐ 10h 45m
- ☐ 11h 00m
- ☐ 11h 15m
- ☐ 11h 30m
- ☐ 11h 45m
- ☐ 12h 00m
- ☐ More than 12 hours

What have been your positive experiences of using social media?

Tick all that apply

- ☐ Connecting with friends
- ☐ Viewing enjoyable content
- ☐ Learning new things
- ☐ Accessing support
- ☐ Engaging positively with current issues
- ☐ Other

Other, please describe:

What have been your negative experiences of using social media?

Tick all that apply

- ☐ People saying or writing unpleasant things about you (with words, pictures or video)
- ☐ People bullying you
- ☐ Pictures, videos or games with violence you found upsetting
- ☐ Sexually explicit images, videos or games
- ☐ Posting or sending something online you now wish you hadn't (text, images, videos)
- ☐ I haven't experienced any of these
- ☐ Other*

Other, please describe:

Has your experience of using social media been mostly positive or negative?

- ☐ All positive
- ☐ Mostly positive
- ☐ An even mix of positive and negative
- ☐ Mostly negative
- ☐ All negative

Digital Devices at School

In this section we talk about digital devices you use at school. This includes desktop computers, laptops, smartphones and tablets.

What digital devices do you have access to at school?

- ☐ Desktop computers e.g. in computer or ICT clusters/suites
- ☐ Laptops
- ☐ Tablets/iPads
- ☐ Virtual reality (VR) headsets
- ☐ Smartphones
- ☐ Other

Other, please describe:

How often do you use digital devices in Maths?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in English?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Science?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in History?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Geography?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Design and Technology?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Art and Design?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Music?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Physical Education (PE)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Computing (ICT)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

How often do you use digital devices in Personal, social and health education (PSHE)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always
- ☐ I don't do this subject

Online Materials

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Maths?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in English?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in History?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Geography?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Design and Technology?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Art and Design?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Music?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Physical Education (PE)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Computing (ICT)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often do you use online materials and websites (such as YouTube, Google, BBC bitesize) to help you with classwork or homework in Personal, social and health education (PSHE)?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

How often are you able to access digital devices at school outside timetabled lesson activities?

For example at break time or in a school club.

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Educational Benefits of Digital Devices

Do you feel that using digital devices helps you get better results in Maths?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in English?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Science?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in History?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Geography?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Design and Technology?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Art and Design?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Music?

- ☐ Never
- ☐ Rarely
- ☐ Sometimes
- ☐ A lot
- ☐ Always

Do you feel that using digital devices helps you get better results in Physical Education (PE)?

- ☐ Never
☐ Rarely
☐ Sometimes
☐ A lot
☐ Always

Do you feel that using digital devices helps you get better results in Computing (ICT)?

- ☐ Never
☐ Rarely
☐ Sometimes
☐ A lot
☐ Always

Do you feel that using digital devices helps you get better results in Personal, social and health education (PSHE)?

- ☐ Never
☐ Rarely
☐ Sometimes
☐ A lot
☐ Always

If you are using digital devices at school and you need help, who do you ask?

Select all that apply

- ☐ Teachers
☐ ICT staff
☐ Classmates
☐ Friends
☐ Nobody
☐ Other

Other, please specify:

Digital Devices at Home In this section we talk about digital devices at home. This includes desktop computers, laptops, smartphones and tablets.

How many digital devices are available at your home?

- ☐ None
☐ 1
☐ 2
☐ 3
☐ 4
☐ More than 4

What kind of digital devices do you have access to at home?

- ☐ Desktop computers e.g. in computer or ICT clusters/suites
☐ Laptops
☐ Tablets/iPads
☐ Virtual reality (VR) headsets
☐ Smartphones
☐ Other

If you are using digital devices at home, and you need help who do you ask?

Select all that apply:

- ☐ Parents
☐ Siblings
☐ Relatives
☐ Friends
☐ Neighbours
☐ Nobody
☐ Other

Other, please specify:

Internet In this section we talk about the internet. This means content you can only access online such as, social media, websites, and online games

Do you have access to the internet at home?

- ☐ Yes
☐ No

How good is your internet at home?

- ☐ Very bad
☐ Bad
☐ Okay
☐ Good
☐ Very good

Roughly how much time do you spend on the internet at home on a school day?

- ☐ None
- ☐ 1 hour
- ☐ 2 hours
- ☐ 3 hours
- ☐ 4 hours
- ☐ 5 hours
- ☐ More than 6 hours

Roughly how much time do you spend on the internet at home on a weekend day?

- ☐ None
- ☐ 1 hour
- ☐ 2 hours
- ☐ 3 hours
- ☐ 4 hours
- ☐ 5 hours
- ☐ More than 6 hours

Digital Learning

Have you ever done any classes, workshops or training in these digital skills?

- ☐ Coding activities/clubs
- ☐ Web development
- ☐ Virtual reality
- ☐ Graphic design (such as Adobe Illustrator/Photoshop)
- ☐ Video editing
- ☐ Online content creation
- ☐ Other digital skills

Other, please specify

How often do you do classes, workshops or training in coding activities/clubs?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

How often do you do classes, workshops or training in web development?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

How often do you do classes, workshops or training in virtual reality?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

How often do you do classes, workshops or training in graphic design (such as Adobe Illustrator)?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

How often do you do classes, workshops or training in video editing?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

How often do you do classes, workshops or training in online content creation?

- ☐ More than once a week
- ☐ Once a week
- ☐ Once a month
- ☐ Once every few months
- ☐ Once a year
- ☐ Less than once a year

Where would you go in order to find out about new opportunities to learn digital skills?

Tick all that apply

- ☐ Ask a Teacher or Support Staff at School
- ☐ Search online
- ☐ Visit a local place e.g. museum or library
- ☐ Ask my friends
- ☐ Ask a relative (parents, siblings, aunts, uncles etc)
- ☐ I would know who to ask or where to go
- ☐ Other

Other, please specify

Attitudes Towards Technology In this section we ask about your attitudes towards technology. Technology includes all digital devices and software.

Your answers will teach local organisations and researchers about teenagers' relationship with technology, and help them design supports and services across Bradford.

Please indicate how much you agree with the following statements:

I will probably choose a job in technology

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

If there was a school club about technology I would certainly join it

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I think machines are boring

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Most jobs in technology are boring

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Technology is very important in life

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Technology makes everything work better

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

You have to be smart to study technology

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

You can study technology only when you are good at both mathematics and science

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Boys are able to do practical things better than girls

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Girls are more capable of doing technological jobs than boys

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

Working in technology would be interesting

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

There should be more education about technology

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I worry about the impact of technology use on my health

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I worry about how technology companies might use my data

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I feel safe online

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I feel confident using digital devices for my own work/study

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

I feel confident using digital devices for my own leisure/play e.g., social media use

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Neither agree or disagree
- ☐ Agree
- ☐ Strongly agree

If you could ask every teenager in Bradford any question about their digital and social media habits, what would it be?
