

Young People's Survey: Module 9

Adverse Experiences & Identity This survey is part of the Born in Bradford Age of Wonder research project. We will be asking you questions about your adverse experiences & identity. This will take about 10-20 minutes to complete.

You do not have to take part in this questionnaire. You also do not have to answer any questions you don't want to. If you don't want to answer a question, just leave it blank and move on to the next question.

By completing this questionnaire, you are agreeing to us using the information you provide for our research. We will keep your information completely confidential and will not pass on any of the responses to the questions to anyone. We will write reports based on the data we collect but no-one will ever be able to identify you from anything we publish.

If the answers to any of the questions upset you or you would like to talk about anything that is worrying you, please speak to the member of the research team or the teacher that is doing the survey with you.

The study has been reviewed and approved by Bradford Leeds Research Ethics Committee [Ref 21/YH/0261 date 22.12.21]. Research ethics committees think about the study from the point of view of a person taking part and make sure their rights and privacy are fully respected.

Identity and Discrimination

IDENTITY &

DISCRIMINATION

WHAT IS IT?

OUR IDENTITY

...IS EVERYTHING WHICH MAKES US WHO WE ARE AS INDIVIDUALS:-

OUR EXPERIENCES

OUR VALUES

OUR RELATIONSHIPS

DISCRIMINATION

...IS THE UNFAIR TREATMENT OF PEOPLE BASED ON THEIR IDENTITY.

WE WILL ASK ABOUT:-

- ..ATTITUDES & VALUES
- ..BULLYING
- ..DISCRIMINATION

WHY IS IT IMPORTANT?

1/2 PEOPLE HAVE BEEN BULLIED AT SCHOOL.



DIFFERENCES ARE WHAT MAKES US WHO WE ARE.

OUR DIVERSE IDENTITIES ALLOWS US TO BE UNIQUE.



A CLEAR SENSE OF IDENTITY POSITIVELY IMPACTS OUR MENTAL HEALTH, IMPROVING OUR RESILIENCE AND CONFIDENCE.

BULLYING CAN LEAD TO:-



MENTAL ILLNESS

POOR PERFORMANCE AT SCHOOL



POOR PHYSICAL HEALTH

(WOLKE, 2015)



THE PROBLEM

THOSE FROM MINORITY GROUPS ARE MORE LIKELY TO BE BULLIED.



MAKING A POSITIVE CHANGE

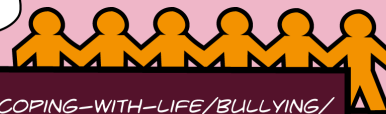
HOW YOU CAN HELP

YOUR ANSWERS HELP US UNDERSTAND HOW BULLYING AFFECTS INDIVIDUALS FROM DIFFERENT BACKGROUNDS.

THE RESULT

BETTER SERVICES

LESS DISCRIMINATION



FOR NON-JUDGMENTAL SUPPORT:-

YOUNG MINDS [HTTPS://WWW.YOUNGMINDS.ORG.UK/YOUNG-PERSON/COPING-WITH-LIFE/BULLYING/](https://www.youngminds.org.uk/young-person/coping-with-life/bullying/)

NATIONAL BULLYING HELPLINE: 0300 323 0169

SAMARITANS: 01274 547 547 (BRADFORD)

Year Group:

Attitudes and Values

In this part of the survey you will be asked questions about your attitudes and values. Remember, if you do not want to answer a question, you can skip it.

How much do you agree or disagree with the following statements?

Please select one answer for each statement

It is less important for women to go out to work than men.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

I like clothing with popular labels.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

It bothers me if my friends have things I don't.

- ☐ Strongly disagree
- ☐ Disagree
- ☐ Agree
- ☐ Strongly agree

How important are the following to you...

to be well liked?

- ☐ Very important
- ☐ Quite important
- ☐ Not very important
- ☐ Not at all important

to work hard?

- ☐ Very important
- ☐ Quite important
- ☐ Not very important
- ☐ Not at all important

How wrong do you think it is....

Please select one answer for each statement

...for someone your age to start a fight with someone?

- ☐ Very wrong
- ☐ A bit wrong
- ☐ Not wrong

...for someone your age to write things or spray paint on a building, fence or train?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

...for someone your age to take something from a shop without paying for it?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

...for someone your age to copy or download music, games or films without paying for them, when they should have done?

- ☐ Very wrong
☐ A bit wrong
☐ Not wrong

Migration

In this part of the survey you will be asked questions about migration. This includes questions about migration: movement from one country to another. Remember, if you do not want to answer a question, you can skip it.

Do you have experience of migration?

- ☐ Yes
☐ No

Have any of your parents/guardians migrated from another country?

- ☐ Yes
☐ No

Have any of your grandparents migrated from another country?

- ☐ Yes
☐ No

Which country did they migrate from?

(Indicate for as many people as relevant)

When you have a problem, what do you do about it?
(Please tick everything that you do at least sometimes).

- ☐ Do nothing
- ☐ Smoke a cigarette
- ☐ Talk to someone about it
- ☐ Have an alcoholic drink
- ☐ Rest or sleep more
- ☐ Watch TV
- ☐ Keep busy with other things
- ☐ Listen to music
- ☐ Think about it on my own
- ☐ Play computer games
- ☐ Look for ideas in magazines or online
- ☐ Eat more generally
- ☐ Chat about it online
- ☐ Eat less
- ☐ Cut or hurt myself
- ☐ Other*

*Please describe:

Bullying

In this part of the survey you will be asked questions about bullying.

We say a person is being bullied when another person or a group of people, repeatedly say or do unwanted nasty and unpleasant things to them. It also is bullying when a person is teased in a way they do not like or when they are left out of things on purpose. The person that bullies has more power than the person being bullied and wants to cause harm to them.

Remember, if you do not want to answer a question, you can skip it.

How often have you taken part in bullying another person(s) at school in the past couple of months?

- ☐ I have not bullied another person(s) in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

How often have you been bullied at school in the past couple of months?

- ☐ I have not been bullied at school in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

In the past couple of months, how often have you taken part in online bullying?

(Using a phone, device or computer to bully someone through messaging, gaming or a social media platform)

- ☐ I have not bullied another person online in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

In the past couple of months, how often have you been bullied online?

(Been bullied by someone using a phone, device or computer through messaging, gaming or a social media platform)

- ☐ I have not been bullied online in the past couple of months
- ☐ It has happened once or twice
- ☐ 2 or 3 times a month
- ☐ About once a week
- ☐ Several times a week (3-5 times)
- ☐ Every day

Discrimination

In this part of the survey you will be asked questions about discrimination.

We would like to know about any experiences you have had where you have experienced discrimination because of your ethnicity, your sex/gender identity, disability, religion, class, neurodiversity or other reasons. In other words we are interested in if/how people treat you differently because of any of these reasons.

Remember, if you do not want to answer a question, you can skip it.

Have you experienced any of the following?

You were discouraged from joining a club or group.

- ☐ Yes
☐ No
-

Others your age did not include you in their activities.

- ☐ Yes
☐ No
-

People expected less of you than they expected of others your age.

- ☐ Yes
☐ No
-

People assumed your English was poor.

- ☐ Yes
☐ No
-

You were hassled by police.

- ☐ Yes
☐ No
-

You were hassled by staff in a shop.

- ☐ Yes
☐ No
-

You were called insulting names.

- ☐ Yes
☐ No
-

You received poor service in a shop, restaurant or similar place.

- ☐ Yes
☐ No
-

People acted as though you were not intelligent.

- ☐ Yes
☐ No
-

People acted as if they were afraid of you.

- ☐ Yes
☐ No
-

You were threatened.

- ☐ Yes
☐ No

If you had this experience, was it because of your:

- ☐ Ethnicity
- ☐ Sex/ gender identity
- ☐ Disability
- ☐ Religion
- ☐ Class
- ☐ Neurodiversity (e.g. conditions such as Autism, Asperger's, Dyslexia)
- ☐ Sexuality
- ☐ Other*

*Please describe:

Have any of the following happened to you in the last month?

- ☐ Been teased/made fun of in a way that upset you
- ☐ Called nasty names in a way that upset you
- ☐ Received nasty/threatening text message
- ☐ Received nasty/threatening message online
- ☐ Seen nasty things written about you online
- ☐ Pushed/hit for no reason
- ☐ Had belongings taken/broken
- ☐ Been threatened for no reason
- ☐ Been threatened for money
- ☐ Been ganged up on
- ☐ Other (please describe)

Please describe:

If you had this experience, did it upset you?

- ☐ Not at all
- ☐ Slightly
- ☐ Moderately
- ☐ Considerably
- ☐ Extremely

Do you think you are being picked on or bullied for any of the following?

- ☐ I'm not being picked on or bullied
- ☐ I don't know why
- ☐ Your size or weight
- ☐ The way you look
- ☐ The clothes you wear
- ☐ If you do well or need help in lessons
- ☐ A disability
- ☐ Your race or colour
- ☐ Your religion or belief
- ☐ Something about your family
- ☐ Other (please describe)

Please describe:

If you could ask every teenager in Bradford any question at all, what would it be?